

## Chef Zen's Signature Selections

<b>Golden Sand Cereal King Prawns</b> 🍤	10.95
King Prawns in a light batter, wok-tossed with buttery cereal and chilli, delivering a rich, golden and irresistibly crunchy finish, served with sweet chilli dipping sauce.	
<b>Golden Sand Cereal Squid</b> 🍤	10.95
Deep fried Japanese nori roll filled with seasoned minced pork, shitake mushrooms, served with chilli sauce.	
<b>Nori Pork Rolls</b>	7.40
Tender sirloin steak rolls stuffed with sautéed onions and black pepper, served in a rich, aromatic black pepper sauce.	
<b>Chef Signature Sirloin Steak Rolls</b>	10.00
Tender sirloin steak rolls stuffed with sautéed onions and black pepper, served in a rich, aromatic black pepper sauce.	
<b>Zen Temco Prawns</b> 🍤	9.00
King prawns coated in golden breadcrumbs, served on fragrant coconut rice with rich satay sauce.	

## Chef's Signature Main Dishes

<b>Oriental Spiced Pork Belly</b>	13.90
<i>(20 minutes preparation time)</i>	
Succulent home-style braised pork belly, slow cooked until meltingly tender, infused with aromatic oriental spices, served on a fresh salad base and garnished with spring onions.	
<b>Seafood Pot in Black Pepper Sauce</b> 🍤	16.00
An indulgent combination of king prawns, scallops, mussels, and squid with glass noodles, onions, peppers, carrots, and chilli, served in a hot stone bowl.	
<b>Teriyaki Beef</b>	13.60
Tender beef stir-fried with fresh ginger and onions in a rich teriyaki glaze, garnished with sesame seeds and served with seasonal greens.	
<b>Teriyaki Fillet Steak Udon</b>	20.50
Springy udon noodles with tender fillet steak, stir-fried with ginger, onions, and beans sprouts in a savoury teriyaki sauce, finished with sesame seeds.	

## À La Carte Menu

### Chinese Soup Selection

<b>Minced Chicken &amp; Sweetcorn Soup</b> 🍲	6.70
A comforting soup with minced chicken and sweetcorn, garnished with spring onions.	
<b>Hot and Sour Soup</b> 🍲	7.00
A classic Chinese soup with a perfect balance of spicy and tangy flavours with prawns, pork, tofu, mushrooms, bamboo shoots, eggs, carrots, peas, and spring onions.	
<b>Wan Tun Soup</b>	6.90
Delicate dumplings filled with minced pork and prawns, served with vegetables and carrots in a light, clear broth. Garnished with spring onions.	
<b>Crabmeat &amp; Sweetcorn Soup</b>	7.00
A smooth and comforting soup with sweetcorn, spring onions, and delicate crab meat.	
<b>Mushrooms &amp; Sweetcorn Soup</b> 🍲	6.30
A light and comforting soup with spring onions, mushrooms and sweetcorn.	

### Dim Sum & Appetisers

<b>Dim Sum Combination (For 1 Person)</b> 🍲	11.00
A selection of classic appetisers including spring roll, sesame prawn on toast, BBQ spare rib, duck roll, and chicken satay skewer.	
<b>Crispy Aromatic Duck</b>	15.50
Served with pancakes, fresh leeks, cucumber	1/2
and rich hoisin sauce.	29.50
<b>Vegetarian Crispy Aromatic Duck</b> 🍲	10.50
Soy-based "duck", crispy-fried and served with pancakes, fresh leeks, cucumber and rich hoisin sauce.	
<b>Vegetarian Spring Rolls</b> 🍲	6.70
Golden crispy rolls filled with black fungus, broccoli, shitake mushrooms, cabbage, and bamboo shoots, served with sweet and sour dipping sauce.	
<b>Curry Samosa</b> 🍲	6.70
Crispy pastry filled with potatoes, onions, carrots, and aromatic curry paste.	
<b>Mushrooms and Bean Curd Skewers</b> 🍲	7.30
With Satay Sauce	
Fried mushrooms and bean curd skewers served with a rich, creamy peanut satay sauce.	
<b>Salt and Pepper Bean Curd</b> 🍲	7.30
Golden-fried bean curd cubes tossed with chilli, leek, onions in fragrant salt and pepper.	
<b>Steamed Sui Mai</b>	6.90
Handcrafted dumplings filled with seasoned pork, prawns, and shitake mushrooms gently steamed to perfection.	
<b>Steamed Har Kau</b>	6.90
Delicate steamed dumplings filled with prawns and bamboo shoots.	

<b>Sesame Prawns on Toast</b>	8.10
Finely minced prawns and chicken on crisp toast, coated in sesame seeds and served with sweet and sour dipping sauce.	
<b>Fried Duck Rolls</b>	7.10
Crispy rolls filled with duck meat, vegetables, glass noodles, and shitake mushrooms.	
<b>Crispy Duck Wan Tun</b>	7.10
Crispy dumplings filled with shredded duck, carrots, black fungus, and bamboo shoots, served with sweet and sour dipping sauce.	
<b>Salt &amp; Pepper King Prawns</b> 🍤	9.70
Lightly battered king prawns, deep-fried and tossed with chilli, leek, and onions in fragrant salt and pepper. Served with sweet and sour dipping sauce.	
<b>Salt &amp; Pepper Squid</b> 🍤	9.70
Lightly battered squid tossed with chilli, leek, and onions in aromatic salt and pepper. Served with sweet and sour dipping sauce.	
<b>Minced Chicken Lettuce Wraps</b>	9.00
Minced chicken with water chestnuts, carrots, bamboo shoots and crispy vermicelli in oyster sauce, served with hoisin sauce and fresh lettuce leaves.	
<b>Salt &amp; Pepper Chicken Wings</b> 🍲	8.80
Deep-fried and tossed with chilli, leek, and onions in salt and pepper.	
<b>Salt &amp; Pepper Spare Ribs</b> 🍲	10.50
Marinated spare ribs, deep-fried and tossed with chilli, leek and onions in fragrant salt and pepper.	
<b>Barbecue Spare Ribs</b>	10.50
Tender spare ribs coated in a rich, sweet barbecue glaze.	
<b>Chinese Prawn Crackers</b> 🍲	3.70
<b>Thai Prawn Crackers</b> 🍲	3.90

### Thai Soup

<b>Tom Yum Soup</b> 🍲	
An iconic Thai soup combining spicy and sour flavours with coconut milk, mushrooms, tomatoes and onions, infused with lemongrass, galangal, chilli, lime and aromatic Thai herbs.	
<b>Chicken</b>	7.00
<b>King Prawn</b>	7.70
<b>Seafood</b>	8.50
(Combination with king prawns, scallops, squid, and mussels)	



## Thai Appetisers

<b>Zen Thai Mixed Appetiser Platter</b> 🍲	11.00
(For 1 Person)	
A curated selection of fish cake, golden parcel, chicken satay skewer, Thai spare rib, and crispy wrapped king prawn.	
<b>Golden Parcel</b>	7.70
Crispy parcels filled with minced chicken, seafood stick, and sweetcorn, served with sweet chilli sauce.	
<b>Thai Fish Cakes</b> 🍲	7.70
A delicate blend of minced fish, and prawns, egg, green beans, and kaffir lime leaves, served with cucumber, crushed peanuts, and sweet chilli sauce.	
<b>Chicken Satay Skewers</b> 🍲	8.80
Chicken skewers served with rich and creamy peanut satay sauce.	
<b>Thai Spare Ribs</b> 🍲	10.50
Tender ribs marinated in Thai herbs, finished with a fragrant garlic and ginger sauce.	
<b>Fried Pork Dumplings</b>	7.60
Dumplings filled with minced pork and prawns, topped with roasted garlic and sweet soy sauce.	
<b>Wrapped King Prawns</b>	9.70
Marinated king prawns wrapped in crispy pastry, served with sweet chilli sauce.	
<b>Thai Prawns Salad</b> 🍲	8.20
Prawns tossed with fresh seasonal greens in a zesty Thai dressing with a hint of spice.	

### Thai Selections

- Choose Your Main -

<b>Chicken / BBQ Pork</b>	13.00
<b>Beef</b>	13.60
<b>King Prawn</b>	14.30
<b>Duck</b>	14.30
<b>Special</b>	14.30
Combination of king prawns, beef, & BBQ pork	
<b>Seafood</b>	15.50
Combination of king prawns, squid, scallops, & mussels	
<b>Scallops</b>	15.50
<b>Fillet Steak</b>	19.30

- Choose Your Sauce -

<b>Green Curry</b> 🍲	
A fragrant Thai green curry with coconut milk, green pepper, broccoli, bamboo shoots, aubergine, and sweet basil.	
<b>Red Curry</b> 🍲	
A rich and mildly spicy red curry with coconut milk, peppers, bamboo shoots, aubergine, green beans, chilli, and sweet basil.	
<b>Panang Curry</b> 🍲	
A classic spicy Thai curry with thick red curry paste, coconut milk, kaffir lime leaves, green beans, chilli, peas, and peppers.	
<b>Massaman Curry (+£1.10 Supplement)</b> 🍲	
A mild and aromatic curry slowly simmered in coconut milk with potatoes, onions, carrots, and cashew nuts, offering a smooth, slightly sweet flavour inspired by traditional Thai royal cuisine.	
<b>Fresh Chilli Sauce</b> 🍲	
A bold and aromatic stir-fried with fresh chilli, mushrooms, onions, peppers, and green beans, infused with sweet basil.	
<b>Thai-style Steamed Sea Bass Fillet</b> 🍲	16.00
Delicately steamed sea bass infused with plum, chilli, onions, fresh coriander and oyster sauce.	
<b>Thai-Style Fried Sea Bass</b> 🍲	16.00
Lightly battered sea bass strips, crisp-fried and tossed with onions, peppers, carrots in a house chilli sauce.	



## Chinese Selections

<b>Sweet &amp; Sour Chicken</b>	13.00
Lightly battered chicken with onions, carrots, green peppers, and pineapple in a classic sweet and tangy sauce.	
<b>Chicken in Satay Sauce</b> 🍲	13.00
Tender chicken in a rich, creamy peanut satay sauce with peppers and onions.	
<b>Chicken Curry</b> 🍲	13.00
A comforting Chinese-style curry with onions, peas, and coconut milk.	
<b>Chicken with Cashew Nuts</b> 🍲	14.10
Tender chicken stir-fried with cashew nuts, carrots, bamboo shoots, water chestnuts, baby corn, peas, straw mushrooms in a savoury oyster sauce.	
<b>Sizzling Chicken with Mushrooms &amp; Garlic Sauce</b>	14.00
Tender chicken stir-fried with mushrooms and onions in a rich garlic sauce, served on a sizzling hot plate.	
<b>Cantonese Style Roast Duck</b>	14.30
Succulent roast duck served on a bed of bean sprouts and garnished with fresh spring onions.	
<b>Duck with Plum Sauce</b>	14.30
Lightly battered duck served on a bed of shredded vegetables with a sweet and tangy plum sauce. Garnished with spring onions.	
<b>BBQ Pork with Sweet Soy Sauce</b>	13.00
Char Siu pork served on bean sprouts and finished with spring onions in a sweet soy glaze.	
<b>Shredded Crispy Beef in Hot &amp; Spicy Sauce</b> 🍲	13.60
Crispy shredded beef tossed in bold, spicy sauce with onions, green peppers, carrots, and chilli.	
<b>Beef in Black Bean Sauce</b>	13.60
Classic stir-fried beef with green peppers, onions, carrots, in a savoury black bean sauce.	
<b>Sizzling Beef in Black Pepper Sauce</b> 🍲	14.60
Tender beef stir-fried with onions, green peppers, and chilli in a rich black pepper sauce, served on a sizzling hot plate.	
<b>Special Chinese Curry</b> 🍲	14.30
A rich and comforting Chinese-style curry with a combination of king prawns, chicken, beef, and BBQ pork, cooked with onions, peas, and coconut milk.	
<b>Special Black Bean Sauce</b>	14.30
A combination of king prawns, chicken, beef, and BBQ pork stir-fried with green peppers, onions, and carrots in a rich, savoury black bean sauce.	

### Seafood Specialities

<b>Sweet &amp; Sour King Prawns</b>	14.30
Deep-fried lightly battered king prawns with onions, peppers, pineapple, and carrots in a classic sweet and sour sauce.	
<b>King Prawns Curry Sauce</b> 🍲	14.30
A comforting Chinese-style curry with onions, peas, and coconut milk.	
<b>Seafood with Seasonal Greens</b>	15.50
A selection of king prawns, squid, scallops, and mussels stir-fried with fresh seasonal vegetables in a rich oyster sauce.	
<b>Sizzling Scallops with Ginger &amp; Spring Onions</b>	16.50
Tender scallops stir-fried with fresh ginger and spring onions, served on a sizzling hot plate.	
<b>Steamed Sea Bass Fillet with Ginger &amp; Spring Onions</b>	16.00
Delicately steamed sea bass fillet with fresh ginger and spring onions.	

### Sizzling Fillet Steak Specialities

32-Day Aged British & Irish Steak

<b>Sliced Fillet Steak in Cantonese Sauce</b> 🍲	19.30
Tender 32-day aged fillet steak, wok-fried with onions and peas in a rich, savoury Cantonese sauce, served on a sizzling platter.	
<b>Sliced Fillet Steak with Mushrooms &amp; Garlic Sauce</b>	19.30
Tender fillet steak, wok-fried with mushrooms and onions in aromatic garlic sauce, served on a sizzling platter.	

